

# Estimation of Lawsone Release from *Lawsonia inermis* Leaf Powder and Dye Uptake on the Hair

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## ABSTRACT

**Background and Objective:** In ancient times people use various coloring materials for their hair to maintain the hair looking young and nourished look. Among the various herbal materials, henna powder is very much pronounced with traditional users and it delivers an orange colour shade. The present attempt exclusively finds out the optimized time for the henna release through the quantification method and the results are correlated with dye out and dye uptake on the grey swatches.

**Materials and Methods:** Pure henna powder was collected from high crop season in Rajasthan henna growing garden in India and tested the initial lawsone content through HPLC assay. At various time intervals, the lawsone release potential is estimated through the HPLC method, to estimate the lawsone kinetics. **Results:** The lowest lawsone release was recorded at 30 min and the value was 0.0657% the highest lawsone release was noticed in 4 hrs soaking samples and the lawsone value was 0.3014%. Around 4 hrs reach the maximum lawsone content i.e. 93% recovery noticed. Study results indicated that the maximum lawsone content was released at 4-6 hrs. The dye uptake value (DE) is higher in 4 hrs soaking time i.e., 24.01 unit, around DE value 4 unit lower in immediate and 30 min soaking time.

**Conclusion:** Lawsone released a quantification study that was immensely useful to draw the usage pattern of henna powder for the consumer to follow the correct method to achieve the optimum active potential during the colouring practice and get vibrant colour delivery.

## KEYWORDS

Henna powder, release, lawsone content, hennoside, orange henna, DE value, carcinogenic problem

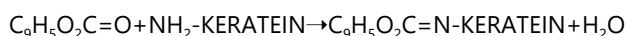
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## INTRODUCTION

In recent days, hair dyeing is a regular practice to maintain external beauty and maintain the social image of wellness. In ancient days various blends of herbal powders were used for the colouring purpose, among them, Henna and Indigo are very much pronounced in recent days also<sup>1,2</sup>. Natural hair colour technology is very much pronounced by the consumer due to the awareness of the carcinogenic problem of synthetic dyes. Natural hair colour or dyes are safe to use, it does not harm the hair and does not bleach. Many chemical dyes cause scalp itching potential and some peoples are allergic to the chemical dyes, however, plant dyes are safe to use and friendly to the scalp and even the environment also. Many herbals-based hair colour products are available in mass and premium range segments, which satisfies the consumer need for the colouring and grey coverage, however, the application process and entire process are tedious. *Lawsonia inermis* is a natural material derived from powdered dried leaves of the



*Lawsonia inermis* plant. An active potential colouring molecule named lawsone chemically is 2-hydroxy 1,4 naphthoquinone (CAS No. 83-72-7). In general, around 1-1.5% of the active component is present in the leaves<sup>3-5</sup>. In ancient times henna leaves and powder were used for the textile colouring the cloths and wool<sup>6,7</sup>. Many researchers exclusively work with lawsone on hair coloring<sup>8-10</sup>. Among the various herbal materials, henna powder is very much pronounced with traditional hair colour users and it delivers an orange colour shade to the hair. Usage of henna for dyeing palms, fingernails and hair is an auspicious ritual during the festival seasons, an occasional function in most Asian countries. In addition to that many researchers investigated and reported the leaf contains quinones, phenylpropanoids, flavonoids, terpenoids, phenolics, fatty acids, carbohydrates, proteins, tannins, alkaloids, xanthan, coumarin, glucosides, saponins, triterpenoids, sterols and dioxin and its derivatives<sup>8,11</sup>. Many scientists proved that mehendi leaf extract has many pharmacological properties like anti-fungal, anti-bacterial and anti-cancer activity property<sup>7</sup>. Overall many researchers proved that henna powder is safe to use on hair and skin and it does not cause any irritation to the skin or scalp like chemical-based hair colour<sup>4</sup>. In addition in that recent years, many people work towards a complete natural-based hair colour with a combination of henna, indigo, amla and other herbal materials. Henna leaf powder alone does not contribute to the colour, since the lawsone molecule does not present in the free state in the leaves, it is stored in the leaf in the precursor stage. The precursor is called a hennosides, during the consumer sample preparation time carried out the hydrolysis process it converts into the aglycone format and the aglycone is an unstable intermediate and it undergoes oxidation to convert the active molecule like lawsone<sup>8,12</sup>. Lawsone is present in glucoside format and mono glucoside unit attached with the phenolic group and named 1,2,4-trihydroxynaphthalene-1-O-glucoside (Hennoside) and is also called a glycone unit. During the hydrolysis process, the glucose molecules are removed and formed the 1,2,4 trihydroxy naphthalene which is called an aglycone unit. In the final step, the aglycone unit undergoes oxidation and forms a colouring molecule namely 2-hydroxy1,4 naphthoquinones. The entire process is slow and takes time-consuming process. For this reason, the consumer kept the henna mixture overnight soaking it in water before the application. The releasable lawsone readily reacts with skin/hair outer layers and binds with the protein molecules by Micheal addition and generates the colour<sup>8</sup>. For the hair colouring process, the consumer takes 1 part of henna powder mixed with 4 parts of water for colouring i.e., 20 g of henna powder mixed with 80 mL of water for colouring and kept overnight for the lawsone release. It is explained in the below pictorial representation<sup>13</sup> (Fig. 1):



However, there is no authentic study report of the kinetics of lawsone release in plant leaves to themeasurement of quantification study. Many researchers confirmed that soaking the henna leads to the maximum lawsone release and also many researchers indicate that the store was kept for longer times which leads to the degradation of lawsone content<sup>7,11,14</sup>. So, the present attempt exclusively finds out the

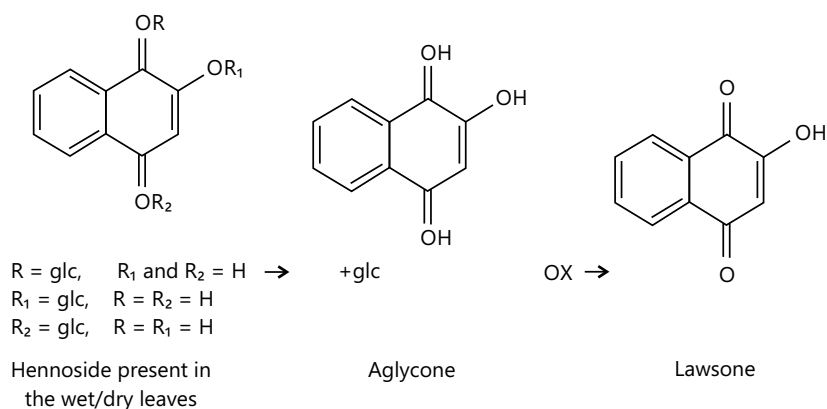


Fig. 1: Pictorial representation of lawsone release from the henna leaves<sup>13</sup>

optimized time for the henna release through the quantification method and the results were correlated with dye out and dye uptake on the grey swatches. Complete releasing study and the study findings will be immensely useful to the end-user for the guidelines for the sample preparation, optimize sample preparation time and helps to achieve the maximum colour on the hairs.

## MATERIALS AND METHODS

**Study area:** The entire study was carried out at MARICO Research and Development Center, Mumbai, India between 2021 and 2022.

**Sample collection:** The pure henna powder was collected from high crop season from Rajasthan henna growing garden in India and tested the initial lawsone content through HPLC assay. Sigma Aldrich standard 2-hydroxy-1,4 naphthoquinones (Purity: Min 98%) acts as a reference standard. All the chemicals and reagents used for the studies were of analytical grade. All the estimations were carried out in triplicate and all the equipment was calibrated as per the good laboratory norms. Lawsone content in the leaves is exclusively measured by method IS-11142-2019<sup>5</sup>.

**Sample preparation:** Accurately weigh 2000 mg of henna powder into 100 mL containing volumetric flask, add sodium bicarbonate 5% (NaHCO<sub>3</sub>) solution till the mark and shake the contents every 1/2 hr or so till 8 hrs. Allow settling of the contents overnight. Filter through a filter paper, from the filtered solution, take 10 mL of the solution into a 25 mL volumetric flask and make it up with water. Filter the solution using a 0.45 µ regenerated cellulose filter and collect the clear sample for HPLC injection.

**Standard preparation:** Accurately weigh 20 mg of standard material i.e., 2-hydroxy-1,4 naphthoquinones into 100 mL containing volumetric flask and add the sodium bicarbonate 5% solution up to the mark. Take 1 mL of the stock solution into a 25 mL volumetric flask and make up a 5% Sodium Bicarbonate (NaHCO<sub>3</sub>) solution. Filter the solution using a 0.2 µ regenerated cellulose filter and collect the clear sample for HPLC injection.

Before injecting the samples column and chromatographic instrument were conditioned, each sample run time is around 20 min and measured the absorbance through a UV detector at 286 nm. Once the column gets saturated inject the blank solution i.e., diluent later on a standard solution and then sample and record the chromatograph and measure the response of the peak.

**Henna paste or mixture for the kinetics study:** Accurately weighed the 10 g henna powder samples in a bowl and add the 40 mL water and make a uniform paste and kept aside for soaking. The following treatment samples were prepared for the kinetics study and the complete treatment was furnished in Table 1.

**Colour uptake measurement:** The single bundle swatches were used for the complete study to avoid inconsistent results. Prepared hair swatches washed with water and surfactant solution for complete removal of any oil dirt and foreign materials. The chroma meter reading was carried out for the freshly prepared hair swatches, an average of six readings was taken by the instrument and take the average for the calculation<sup>15</sup>.

Table 1: Henna soaking treatment for releasing kinetics study

Treatment details	Soaking time
10 g henna powder mixed with 40 mL of water	Immediate
10 g henna powder mixed with 40 mL of water	30 min
10 g henna powder mixed with 40 mL of water	2 hrs
10 g henna powder mixed with 40 mL of water	4 hrs
10 g henna powder mixed with 40 mL of water	6 hrs
10 g henna powder mixed with 40 mL of water	8 hrs
10 g henna powder mixed with 40 mL of water	24 hrs

Apply the treatment mixture to the hair swatch with the help of a brush and kept aside for 60 min. After 60 min, wash the hair swatches with normal tap water until the water runs clear. Dry the washed swatches with a normal air dryer and kept the swatches aside for 2-3 hrs and take the colour uptake readings. The colour reading ( $L^*a^*b^*$  values) was taken for coloured swatches by chromameter as like as pre-reading. Dye uptake was calculated based on the following equation<sup>16</sup>:

$$\Delta E_{ab}^* = \sqrt{(L_2^* - L_1^*)^2 + (a_2^* - a_1^*)^2 + (b_2^* - b_1^*)^2}$$

L scale: Lightness to darkness, where a low number (0-50) indicates dark and a high number (51-100) indicates light for initial colour uptake

$L_1$ : Before colouring

$L_2$ : After colouring

a scale: Red to green, where a positive number indicates red and a negative number indicates green for initial colour uptake

$a_1$ : Before colouring

$a_2$ : After colouring

b scale: Yellow to blue, where a positive number indicates yellow and a negative number indicates blue for initial colour uptake

$b_1$ : Before colouring

$b_2$ : After colouring

## RESULTS AND DISCUSSION

Physicochemical parameters of henna leaf powder (IS 11142:2019) and the results were furnished in Table 2. Lawsone content was estimated through HPLC and quantified the available lawsone content, about 1.62% of lawsone was present in the leaf powder and the results were identical to the previous study<sup>8,12</sup>. Many scientists and crop scientists estimated lawsone content varied between 1.0 and 2.0% in the leaf portion.

The henna powder was kept aside as per the consumer practices, periodical interval takes the small portion and tested the lawsone content through HPLC and releasable lawsone contents were summarised in Fig. 2. Test henna powder containing 1.62% of lawsone content at the initial level, as per the consumer practice of four-fold dilution and the available lawsone content in the bowl was calculated by using the below formula described in the method IS-11142-2019<sup>5</sup>:

$$\text{Lawsone concentration in bowl} = \frac{\text{Initial leaf concentration}}{\text{Dilution volume / Sample weight}} + 1$$

Table 2: *Lawsonia inermis* leaf analytical parameter estimation

Parameters	Specification	Results
Appearance	Green colour free-flow powder	Compiles
Odour	Green henna note	Compiles
Moisture and volatile matter	Max 10% w/w	2.24%
Cold water extract	25-32% w/w	25.94%
Crude fiber	10-15% w/w	14.17%
Mineral matter	8-12% w/w	9.54%
Acid Insoluble ash	3-6% w/w	4.14%
Extraneous sand	Max 5.0% w/w	3.01%
Presence of extraneous dye	Absent	Passes
Lawsone pigment	Min 1.0%	1.62%
pH of 5% solution	4.0-5.0	4.5

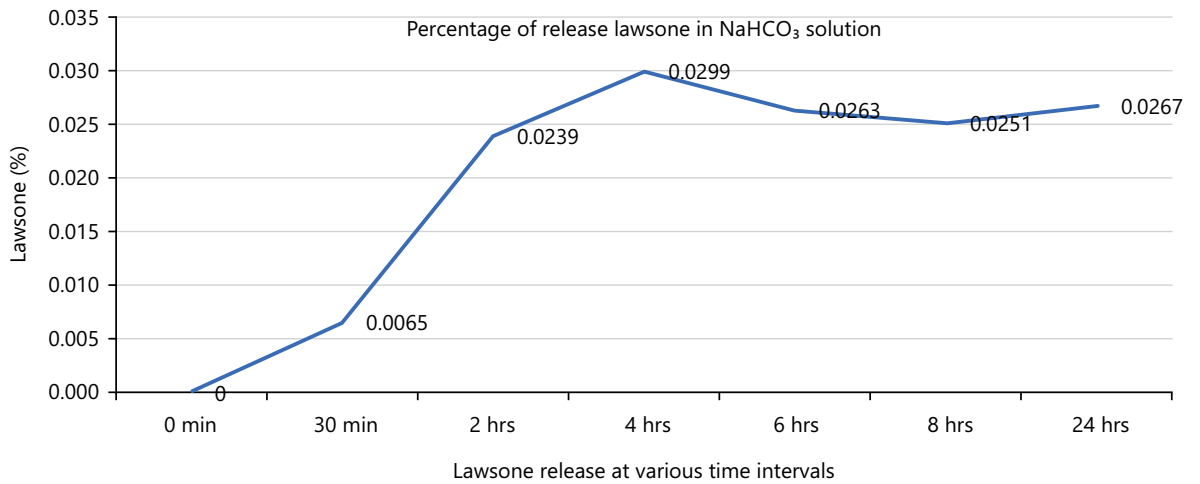


Fig. 2: Lawsone release pattern from henna leaves through HPLC estimation

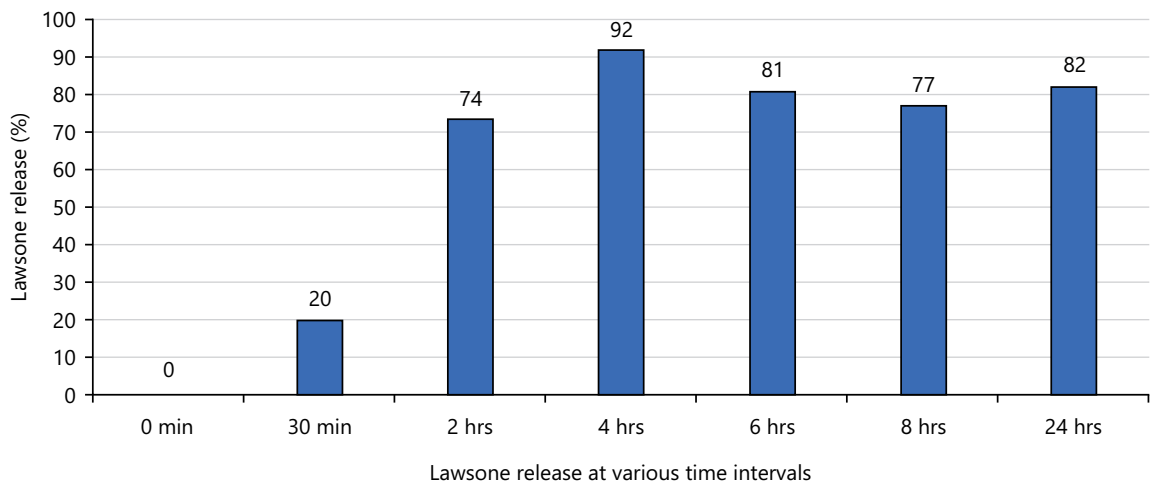


Fig. 3: Lawsone release (%) with various time intervals

As per the theoretical calculation, the lawsone content is 0.324% in the bowl, the amount of lawsone release was estimated at various time intervals mentioned in Table 1. The lowest lawsone content was recorded at 30 min of soaking time and the value was 0.0657% the highest lawsone content release was noticed in 4 hrs soaking samples and the lawsone value was 0.3014%. Similar kind of observations was noticed in various research study<sup>11,15,17-19</sup>. Lawsone releases at various intervals are summarised in Fig. 3. In the current practice, the consumer soaked the henna for 2 hrs to overnight soaking, that was the reason that the consumer get the in-consistency colour delivery with different soaking times. Up to 1 hr of soaking time, only 50% of lawsone released from the leaf, the conversion from hennoside to lawsone was a slow process and takes around 4 hrs to reach the maximum lawsone content i.e., 93% recovery noticed. At 30 min of soaking, samples release only 20% of lawsone content from the leaves and 47% of lawsone released at 1 hr of soaking time. The value of 'a' indicated the red hue, if the 'a' value increase means the red hue increased. Study results indicated that the higher the lawsone content delivers the higher the red hue in hair swatches and the higher the 'a' value in the instrument also. Immediate soaking time delivers an 'a' value of around 10.0 units and reaches the maximum after 4 hrs of soaking at 14.0 units and then gradually decreased. Similar kinds of observations were reported by Maslovarić *et al.*<sup>13</sup>, their findings indicated that releasable lawsone readily reacts with nitrogenous compounds such as amino acids, proteins etc. Elimination of nitrogenous materials is a critical step towards the stabilization of the lawsone molecule in the extract. Many authors work towards the lawsone extraction with various organic solvents to remove the nitrogenous compounds<sup>11,13,15,17,20,21</sup>.

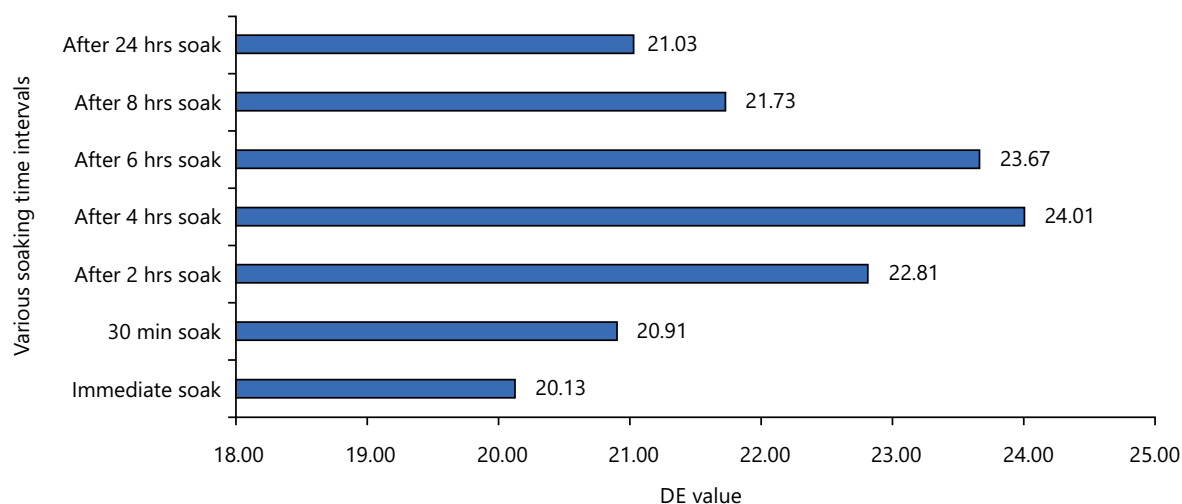


Fig. 4: Dye uptake value (DE) releasable lawsone at various soaking time intervals

Table 3: Chromometer dye uptake 'a' value with different soaking intervals

Treatment details	a value	DE value
Immediate soak	10.00	20.13
30 min soak	11.66	20.91
After 2 hrs soak	12.69	22.81
After 4 hrs soak	14.00	24.01
After 6 hrs of soak	13.26	23.67
After 8 hrs of soak	11.75	21.73
After 24 hrs soak	12.46	21.03

Dye uptake value (DE) releasable lawsone at various soaking time intervals furnished in Fig. 4. Similarly, the dye uptake value (DE) is higher in 4 hrs soaking time i.e., 24.01 units, around DE value 4 unit lower in immediate and 30 min soaking time. More than 4 hrs of soaking time also showed a slightly lower DE value. Overall DE values varied between 20.13 and 24.01 in various soaking time studies (Table 3). The entire lawsone release study is immensely useful to draw the plot of optimized time recommendations for consumer practices. The current study confirmed that the 4 hrs of soaking helps to release the maximum lawsone and delivers a better colour on grey swatches.

## CONCLUSION

The maximum lawsone content was released at 4-6 hrs and then gradually decreased the active potential around 5-8% level. It is further confirmed through the swatch assay. Lawsone quantification study was very useful to draw the usage pattern of henna powder for the consumer to follow the correct methods to achieve the optimum active potential during the colouring practice and get the vibrant colour delivery.

## SIGNIFICANCE STATEMENT

Lawsone's quantification study was very useful to draw the usage pattern of henna powder for the consumer to follow the correct methods to achieve the optimum active potential during the colouring practice and get the vibrant colour delivery. The entire study is immensely useful to recommend the appropriate consumer usage pattern to achieve the best colour delivery. As 4 hrs soaking release is the maximum lawsone for the colour delivery.

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